



THE CRANSTONS FULL ENGLISH £14

Dry cured back bacon, Cumberland sausages, roasted tomato, field mushroom, baked beans, poached egg, tater tots & toasted sourdough
+ *Black Pudding* £2.50
+ *Haggis* £1.75

BREAKFAST BUTTIES

All served in a soft milk roll, choose from:
Bacon £6.75 **GF** / Cumberland Sausage £6.75 /
Bacon & Sausage £7.75 / Roasted mushroom,
fried halloumi, rocket & sweet chilli £7 **V** **GF**
+ *Poached Egg* £1.75

POACHED EGGS ON TOAST £7 **GF** **V**

Two poached eggs on toasted sourdough

SOURDOUGH TOAST + BUTTER £4.25 **GF** **VG**

Served with jam, marmalade or honey

EGGS BENEDICT £13.75 **GF**

Cranstons dry cured streaky bacon, poached eggs, wilted spinach, chipotle & hollandaise served on toasted sourdough

MISO BUTTER MUSHROOMS ON SOURDOUGH TOAST £12.75 **GF** **VG**

Mixed roasted wild mushrooms in a miso butter sauce with wilted spinach, sesame seeds, chilli flakes & spring onions
+ *Cranstons Dry Cured Streaky Bacon* £3.50
+ *Poached Egg* £1.75

CUMBRIAN RAREBIT £12.75 **V**

Melted mature cheddar and Lakes Brew Co. beer mix served on sourdough with a pot of Claire's red onion marmalade
+ *Cranstons Dry Cured Streaky Bacon* £3.50
+ *Poached Egg* £1.75

SMOKED HADDOCK BRUNCH BOWL £14.75 **GF**

Poached smoked haddock, wilted spinach, crispy tater tots, parmesan, poached egg & hollandaise sauce

BREAKFAST HASH £14.75

Cranstons black pudding & haggis, chorizo, tater tots, wilted spinach, spring onion, poached egg & chipotle mayo

GREEK STYLE PULLED LAMB FLATBREAD £14.75

Slow cooked pulled lamb, feta cheese, mint yoghurt, olives, cucumber, pickled red onion, tomato & rocket on a sourdough flatbread

SPICY GOCHUJANG CHICKEN SANDWICH £16

Cranstons buttermilk chicken in a spicy Wild & Fruitful hot honey & gochujang sauce, bang bang yoghurt, rocket & sweet pickled red onions in a toasted brioche bun served with fries

SIDES

Fries with local ketchup £5.50 **GF** **V**

Tater tots with garlic mayo dip £5.50 **GF** **V**

Halloumi fries with sweet chili £6.50 **GF** **V**

check out our specials board!

- GF** Gluten Free
- V** Vegetarian
- VG** Vegan

Last orders taken at 3 PM. Table service only.

Our food is prepared in a kitchen with allergens like nuts + gluten;
please inform staff of any allergies before ordering.



HOT DRINKS

decaf available for all drinks except cafetieres

Coffee

from Podda & Wren Roasters in Kendal

Cafetiere for 1 / for 2	£4/£7
Americano	£3.50
Latte	£4
Cappuccino	£4
Mocha	£4.25
Flat White	£3.75

add your choice of flavoured syrup

gingerbread / hazelnut / vanilla / caramel	50p
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Dairy Free Alpro Soya / Oatly	50p
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Chai Latte	£4
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Hot Chocolate plain / loaded	£4/£4.75
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Tea	£2.75
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Tea Pigs	£3.25
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earl grey / super fruit /
mao feng green / peppermint

TRAYBAKES & CAKES

please take a look in the
counter for today's
availability & pricing

HOMEMADE SCONES

fruit / cheese £3.75

*made
here in
our
bakery!*

COLD DRINKS

Iced Americano	£3.50
Iced Latte	£4
Ginger Beer	£3.75
Dandelion & Burdock	£3.75
Elderflower Pressé	£3.50
Coca Cola / Diet Coke /	£3
Fanta Orange / Sprite / Irn Bru	
Marlish Mineral Water	£4
still / sparkling	
Freshly Squeezed Orange	£4
Pressed Cloudy Apple	£4
Kids Cartons	£2
summer berries / blackcurrant / apple & mango	

WINE & BEER

Local Beer 440ml cans	£5
Lakes Brew Co. DDH Pale 4%	
Lakes Brew Co. NZ Pilsner 4.5%	
Wine 187ml Glass 12% Vol	£6
Wallflower Zesty White /	
Smooth Red / Rose	

Enjoy the finest local produce
at Cranstons Cumbrian
Foodhall, proudly supporting
100 + local producers and
farmers. Our café showcases
these exceptional local
ingredients, crafting a delicious
menu full of fresh, locally
sourced flavours.



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